



OPEN HUIS WEEK						
ZAAL 1						
maandag 11-3	dinsdag 12-3	woensdag 13-3	donderdag 14-3	vrijdag 15-3	zaterdag 16-3	zondag 17-3
09.00 Pilates	09.00 Brn	09.00 Bootcamp	09.00 Bodyshape	09.00 Barre-Pilates	09.30 Coretraining	09.30 Bootcamp
10.00 Dance	10.00 Pilates	09.00 Bodyshape		10.00 Yoga	11.00 Yogalates	09.30 Brn
						10.30 Yogalates
19.00 Strong by zumba	18.00 Yin Yoga	18.30 Pilates	18.30 Dance			
19.45 Boksen	19.30 Dance	19.30 Coretraining	19.30 Bodyshape			
20.45 Pilates	20.15 Brn	20.15 Strong by zumba	20.30 Yogalates			
ZAAL 2						
maandag 11-3	dinsdag 12-3	woensdag 13-3	donderdag 14-3	vrijdag 15-3	zaterdag 16-3	zondag 17-3
09.00 small group	09.00 small group	09.00 small group		09.00 small group	09.00 small group	
10.00 small group	10.00 small group	10.00 small group	10.00 small group	10.00 small group	10.00 small group	10.00 small group
17.30 small group	17.30 small group	17.30 small group	17.30 small group			
19.30 small group	19.30 small group	19.30 small group	19.30 small group			
20.45 small group	20.45 small group	20.45 small group	20.45 small group			

